



# Bordeaux -Dordogne

10-Day / 9-Night Tour  
March 27 – April 6 2026

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A few words  
from your tour  
leader, Soline

“*Raised in Southwest France, now in the USA. I skip the big tour buses to show women the authentic France I know. This is a private, intimate journey designed for like-minded spirits—balancing adventure with quiet time to rest, journal, read, paint..*”

- **Slide 2: The Route –** Experience the perfect transition from Bordeaux’s grand vineyards to the Dordogne’s fairytale castles and prehistoric wonders, all hidden within France’s stunning Southwest.
- **Slide 3: The Experience –** Markets, wine tastings, and underground rivers.
- **Slide 4: Is This for You? –** Our travel style, "cozy" coach, and pace.
- **Slide 5: Packing –** Essentials for a Southwest French spring.
- **Slide 6: Save Your Spot –** How to join our intimate group of six.
- **Slide 7: Let’s Connect –** Blog links, contact info, or SoCal coffee.

# Bordeaux-Dordogne

## The Route: Iconic Landmarks & Hidden Gems

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### Note from your tour leader

*I paired Bordeaux and the Dordogne because they show you the best of both worlds: grand French elegance and the rustic, ancient soul of the countryside. It's the perfect mix of 'must-sees' and hidden wonders.*

- **Bordeaux & Arcachon Bay:** Start with 18th-century elegance before heading to the coast for fresh Atlantic oysters and seaside villas.
- **The World of Wine:** Skip the crowds for intimate tastings at family-run vineyards in St-Émilion and Cahors.
- **The Sarlat Markets:** Immerse yourself in a sensory explosion of truffles and cheeses at the Dordogne's most famous local market.
- **Rocamadour:** Visit this soul-stirring sanctuary built directly into the cliffside—a breathtaking personal favorite.
- **The Secret Underground River:** Descend into a massive chasm to boat across a silent, crystal-clear river deep beneath the earth.
- **Cognac:** Discover the "spirit of kings" with a private look into the heritage and craft of a historic distillery.





# Bordeaux-Dordogne

## The Experience: A Curated Journey

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Note from  
your tour  
leader

“

*Let's see  
the sights  
as curious  
tourists, but  
live the  
moments  
like locals.  
We aren't  
just visiting  
these  
regions; we  
are  
immersing  
ourselves in  
their  
rhythm and  
soul.*

”

- **Hidden Village Roaming:** We'll explore secret corners where the train doesn't stop, reaching authentic villages that remain off the tourist grid.
- **The "Best Finding" Dinner:** An evening at an exceptional, hand-picked restaurant—one of my absolute favorite discoveries that captures the soul of French cuisine.
- **A Deep Dive into Wine:** Includes three wine tastings (including a specialized wine class) to truly understand the spirit and "terroir" in the different regions we will be visiting.
- **Market-to-Table:** We'll dive into the famous farmer's markets to see (and taste!) the local harvest.
- **History & Creativity:** We'll visit two historic castles and join a private cooking class to learn the secrets of the French kitchen.
- **Space to Breathe:** Every day is balanced with quiet time to journal, paint, or read, ensuring you return home feeling rested, not just traveled.



# Bordeaux-Dordogne

**Is This Trip for You? – An honest look at our pace, our "cozy" coach, and our travel style & accommodation**

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## Note from your tour leader

“

I keep it to just six guests so we feel like a group of friends, not a 'tour.' It's the only way to snag the best café tables, chat with locals, and move through France with ease and a real local vibe.

”

- **Small Circle of Six:** An intimate, female-focused journey. A tiny group means we can be spontaneous, grab the best table at a café, and truly get to know each other.
- **Flexible Transport:** We travel in a comfortable van (for 4–6 guests) or a standard passenger car for groups of 3 or less. This is the only way to navigate narrow stone streets and reach the villages where the train doesn't stop.
- **Boutique Stays:** We skip generic chains for hand-picked local gems. You'll stay in charming accommodations that reflect the true character and "soul" of the Southwest.
- **A Taste of the Region:** To truly feel the local vibe, please note the traditional cuisine here is rich in meat and dairy cheese. It is a food lover's paradise for those who enjoy the authentic, hearty flavors of the French countryside.
- **Active Exploration:** We'll be roaming ancient, hilly villages and cobblestone streets. This trip is for those who enjoy being on their feet and soaking in the scenery.





# Bordeaux-Dordogne

## Packing Like a Local – What to bring for a French spring in the Southwest

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### Note from your tour leader

“

I want you to feel at home here. Pack those little things—a sketchbook, a favorite book, or a journal—that make your 'memoments' special and help you settle into the slow pace of the countryside.

”

- **The Spring Bloom:** Temperatures range from 10°C to 20°C. Expect lush green vineyards, crisp mornings, and mild afternoons.
- **Comfort First:** Bring your most comfortable walking shoes or sturdy sneakers. We'll be navigating uneven cobblestones and hilly village paths (yes, with plenty of pauses!).
- **Be Rain-Ready:** Spring can be unpredictable. A waterproof jacket or sturdy umbrella is a must so we can keep exploring the markets, rain or shine.
- **The "Cave Chill":** Even on a sunny day, the underground river and wine cellars stay a constant 13°C. You'll definitely want a light layer or sweater for these visits.
- **No Pressure Style:** If you want to bring something a bit "nicer" for Bordeaux, go for it! But it's completely optional. The French dress exactly how they want—there is zero pressure to be anything but yourself.
- **Your Comfort Kit:** Since we value "me-time," bring the little things that make you feel at home. Whether it's a journal, a book, or a small painting kit, bring what helps you recharge. (If you paint, I can help you find local paper in France!)



# Bordeaux-Dordogne

10 days: March 27<sup>th</sup>- April 6th 2026

Join the Circle –  
Next Steps

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A few words  
from your  
tour leader,  
Soline

“

*Raised in Southwest France, now in the USA. I skip the big tour buses to show women the authentic France I know. This is a private, intimate journey designed for like-minded spirits—balancing adventure with quiet time to rest, journal, or paint.*

”

- **Claim Your Spot:** To keep things personal, we only have six spots. If this adventure feels right for you, reach out and let's start the journey!
- **The First Connection:** \* Send me a message or apply at [www.roamrestreset.com](http://www.roamrestreset.com) (Bordeaux-Dordogne tour).
- I'm happy to hop on a quick call or video chat to make sure this is the perfect fit.
- In SoCal (SD/LA/Temecula)? Let's grab coffee! I'll bring the map and chat details in person.
- **The Follow-Up:** After we connect, you'll receive an email with the Terms of Service and a secure payment link.
- **Saving Your Place:** A deposit secures your spot. (Note: Within 180 days of the tour start date, the full amount is required to confirm).



# Bordeaux-Dordogne

Get in Touch 7/7



[Apply & book here](#)

“

*Want to know more about the person behind the plan?*

*[Click here to meet Soline](#) or head on*

*[www.roamrestreset.com](http://www.roamrestreset.com).*

*Learn why I'm so passionate about sharing the 'real'*

*France with you. You can also*

*read my articles in my '[Roam with Soline](#)' [blog](#) to dive into*

*all things French—from travel tips to the local way of life.*

”

**A bientôt ! See you soon and take care for now!**

*Soline*